



Community Resource Guide

Josephine County

- findhelp.org
- 211.org or Call 211
- OregonLawHelp.org

You are not alone



HOT MEAL SITES

- GP – **St Vincent de Paul Mobile Soup Kitchen 12–1 PM** • MON: Redwood Church • TUE: Outreach lunch bag service GP (parks/camps)
• WED: Church of Jesus Crist of Latter-Day Saints • THU: Outreach lunch bag service (parks/camps) GP • FRI: St Luke's Episcopal Church
- GP – **Food & Friends** (Meals on Wheels) for Low Income Elderly & Disabled (541-955-8839) MON-FRI 11:30AM–12:30PM

EMERGENCY FOOD PANTRIES

- GP – **Lord's Storehouse, Redwood Christian Church** – 4995 Redwood Ave WED 6AM–7PM
- GP – **ROC Food Closet** – 564 SW Foundry St (Homebound Delivery 476-3344) THU 1AM–5PM, SAT 9AM–12PM
- GP – **FISH Food Bank, United Methodist Church** 132 NE B St (Corner of 7th & B) WEDS 3–5PM
- GP – **Dorcas, Better Living Center** (476-2052) 1360 NE 9th St TUE 9AM-11AM&12PM-1:30PM
- GP – **Salvation Army Food Pantry** (955-1017) 1377 Redwood Ave MON-FRI 8AM–11AM
- CJ – **Cave Junction Adventist** (951-633-2571) – 265 S Old State Rd., Cave Junction TUE 10AM-1PM
- CJ – **Bridgeview Community Church** - 5181 Holland Loop Rd (660-4635) THUR 3:30PM-5:30PM
- IV - **Illinois Valley Family Coalition** - 535 E. River St. CJ - (541-592-6139 CALL FIRST) M-Fri 8:30AM-5PM
- Glendale - **Community Care Food Pantry** - 518 Pacific Ave. (761-4967) THU 1PM-3:30PM
- Canyonville/Myrtle Creek - **St Vincent dePaul Pantry** - 116 N Main St. Myrtle (861-3310) MON & WED 9AM-1PM
- Kerby – **Kerby Food Pantry** – 24100 Redwood Hwy, Kerby (479-5556) THU 1:30PM-2:30PM
- Riddle - **South Douglas Food Bank** - 420 E St. Riddle - (863-7563) THR 9am-12PM, SAT 10AM-12PM (3rd, 4th & 5th Sat)
- Rogue River - **Community Center Pantry** - 132 Broadway (582-0809) TUES 9AM-11AM
- Rogue River - **SDA Rogue River** - 4300 N River Rd. (582-1262) WED 9AM-11AM
- Rogue River - **Harvest House Food Bank** - 270 W Evans Crk Rd, Rogue Rive (582-0563) TUES 10AM-12PM
- Wolf Creek - **JCFB Mobile Food Pantry** - 100 Railroad Ave, Wolf Creek (479-5556) TUE 1:30pm-2:30PM
- Wolf Creek - **Wolf Creek Library** 102 Ruth Avenue, Wolf Creek (866-2606) FRI 1pm-2:30PM

SHELTERS / HOMELESS ASSISTANCE

- GP – **Gospel Rescue Mission** (476-0082) - 540 SW Foundry (Men) MON-FRI 9AM–3PM
- GP – **Fikso Family House** - 530 SW Foundry - (476-0082) call first for an appt - (Women & Children) MON-FRI 9AM–12PM
- GP – **Hearts with a Mission** 1504 NE 9th St. - (Teens) (956-4190) 24 HOURS
- GP – **Joes Place** - 1205 Rogue River Hwy (476-4563) 11-18yrs (Teen Ministry) MON-THURS 1PM-6PM
- GP – **Welcome Home Oregon**, by Appt only (474-5178) JCCC (Justice Involved Adults) - 510 NW 4th St MON-FRI 8AM-5PM
- GP – **Maslow Project** 900 SE 8th st (841-1974) - Youth (or at Risk of Homelessness) By Appt only
- GP – **UCAN (956-4073)** 900 SE 8th St MON-FRI 9AM–12PM&1PM-5PM
- GP – **MINT Navigation Center** - 218 Redwood Hwy (in front of Bi-Mart) MON-FRI 9AM–12PM&1PM-5PM

SHOWERS, CLOTHING, LAUNDRY VOUCHERS, IDs

- GP – **YMCA 100 Redwood Hwy - (474-0001)** Memb free to AllCare CCO recipients M-F 5AM-9PM& SAT 8AM-5PM
- GP – **Dorcas** – 1360 NE 9th St (476-2052) - clothing MON-WED 9AM-11AM&12PM-1:30PM
- GP – **St Vincent de Paul** - 132 SE H Street 132 SE H ST (479-0926) Laundry Vouchers & Soap TUE, WED & FRI 10AM–2PM
- CJ – **Illinois Valley Family Coalition** – 535 E River St., Cave Junction (592-6139) MON-FRI 9AM–4PM

SLIDING SCALE MEDICAL / DENTAL FACILITIES

- GP – **Josephine Co Health Clinic** - 715 NW Dimmick St (474-5329) MON-TH 8AM-12PM&12:30PM-5PM FRI 8AM-12PM
- GP/CJ – **Siskiyou Community Health/Dental Center** (GP - 472-4777) (CJ - 592-4111) 7 days wk/24 hours
- GP – **Planned Parenthood** - 160 NW Franklin Blvd. (344-9411) Available by phone only MON-FRI 7AM-6PM
- GP – **Pregnancy Care Center** (479-6264) 714 SE 8th St MON-TH 9AM–5PM
- GP – **WIC Office** - 715 NW Dimmick - (474-5333) MON-THU 8AM-11:45AM&1PM-5:45PM FRI 8AM11:45AM

HOUSING, RENTAL & ENERGY ASSISTANCE

- GP – **UCAN** (956-4050) 900 SE 8th St www.ucancap.org MON-FRI 9AM–12PM&1PM-5PM
- GP – **HUD** - Josephine County Housing Authority - 1205 NE 7th St (476-6120) MON-THU 9AM–12PM & 1-4PM
- GP – **St Vincent de Paul** - 132 SE H Street 132 SE H ST (479-0926) Energy Assistance TUE, WED & FRI 10AM–2PM

DOMESTIC VIOLENCE / SEXUAL ASSAULT

*** ***** IF YOU ARE IN PHYSICAL DANGER - PLEASE CALL 911 *****

- GP – **WCST** -Women's Crisis Support Team- 612 NW 5th st. (476-3877) M-F 8AM-5PM **479-9349-CRISIS LINE 24 HR**
- CJ – **IVSHA** - Illinois Valley Safe House Alliance - (592-2515) M 12-5, Tues & Thurs 9-5, wed 9-11 **415-9367- CRISIS LINE 24 HR**
- Medford – **Dunn House** (779-4357) **CRISIS LINE 24 HR**

EMPLOYMENT SERVICES

- GP – **Southern Oregon GoodWorks Program** www.sogoodwill.org
- GP – **VRD** (Vocational Rehabilitation Dept) (474-3130) 725 NE 7th Street Ste C **MON-FRI 8AM-5PM**
- GP – **WSRV**-Work Source Rogue Valley (471-3811) - 1569 NE "F" St **MON-FRI 8AM-5PM**
- **Unemployment** - www.employment.oregon.gov - Frances Online (online claims) frances.oregon.gov - 503-947-1394 **MON-FRI 9AM-4PM**

MENTAL HEALTH, SUBSTANCE ABUSE RECOVERY & SUPPORT

- GP – **Adapt** Alcohol & Drug Treatment & Counseling (474-1033) 356 NE Beacon Dr Ste A **MON-FRI 8AM-5PM**
- GP – **AA** (Alcoholic's Anonymous) www.grantspassaa.com - 432 NW 6th St.Rm 202 **474-0782 24 HOUR**
- GP – **Gambler's Anonymous** 320 Ramsey Ave - Meetings Sun @ 1PM/TUE&THU @ 7PM - 472-9983 **877-695-4648 24 HOUR**
- GP – **Local Methadone Clinic** - Grants Pass Treatment Center (291-6232) - 1885 NE 7th St **MON-FRI 5:30AM-1PM**
- GP – **NA** (Narcotics Anonymous) meeting list: www.rogueredwoodna.com **(299-5202) 24 HOUR**
- GP – **OnTrack** (955-9227) - 720 NW 6th St **MON-THU 8AM-7PM FRI-SAT 8AM-5PM**
- GP – **Options** Mental Health (476-2373) ● Adults: 1545 Harbeck Rd ● Children: 1181 Ramsey Ave **MON-THU 8AM-7PM FRI 8AM-5/6:15PM**
- GP – Options **Problem Gambling** Treatment Program (877-695-4648)
- GP – **Sobering Center** (507-1888) ● *Moore Center, Medford (779-1282)* ● *Buckley House Eugene (762-4575)*
- **National Suicide Prevention Lifeline Call '988'** ● Veterans Crisis Line '988' then press 1

PRESCRIPTION, MEDICAL EQUIP & TRANSPORTATION

- GP – **Generic RX Programs** ● *Wal-Mart (471-2820)* ● *Fred Myer (474-7234)* ● *Walgreens (471-4873)*
- GP – **RSVP** (Retired Senior Volunteer Program) (800-424-8867)
- GP – **HASL** Center for Independent Living (479-4275) 305 NE E St. **MON-THU 9AM-3PM**
- GP – **Lions Club** - (Glasses & Hearing Aides) (Medical Equipment) gplionsclub@gmail.com
- GP – **City Bus** (JCT) - 300 NW 5th St. (474-5452) M-F 8AM-5PM / Commuter Transit M-F 5:35AM-7:25PM
- **Oregon – Rx Assistance** ● *OPDP (800 913-4146)* ● *(RX) Outreach (800-769-3880)*

LOW INCOME ASSISTANCE PROGRAMS

IF YOU SUSPECT A CHILD, SENIOR or DISABLED PERSON ARE BEING ABUSED CALL 911 (or call the 24 HOTLINE AT 1-855 503-7233)

ODHS - OEP/SSP/APD - 2101 Hawthorne Ave Ste B (474-3101)

MON-FRI 7:30 AM-5PM

- **SNAP** (Food Stamps) ● **ERDC** (Employment Related Daycare) ● **TANF** (Cash Assistance) ● **MEDICAL & LTC** (Long Term Care)
 - **DV** (Domestic Violence Assist.) ● **REFC** (Refug. Cash) ● **OHP Medical** ● **Allcare** (471-4106) ● **Allcare Transp**: Ready Ride (479-2989)
- <https://www.benefits.oregon.gov> - Statewide Processing Center (800 699-9075) PO Box 14015, Salem OR 97309
- OHP Assisters** ● **Asante** (789-8723 #4) ● **Siskyou Community Health** (471-3455) ● **UCAN** 956-4050
- OHP - Dental** ● **Advantage** (866-268-9631) ● **Capital (800-525-6800)** ● **ODS** (800-342-0526)
- **Child Care Resource Network** (842-2575) ● **Child Care**: dial 2-1-1 or check with ODHS ● **DPU Payments** (800-699-9074)

OTHER HELPFUL AGENCIES

- GP - **DHS CPS** (Child Protective Services) Abuse 855-503-SAFE / Local Office (474-3120) 2101 NW Hawthorne **MON-FRI 7:30AM-5PM**
- GP – **ADRC** Aging & Disability Resource Connection (855-673-2372) **MON-FRI 9AM-5PM**
- GP – **CLCM** Developmentally Disabled Comm Living & Case Mgmt (474-6072) 1215 NE 7th Street Ste C
- GP – **Christian Services Network** - 1360 NE 9th St. (479-5045) **MON-FRI 10AM-12PM&1PM-4PM**
- GP – **DMV** (Department of Motor Vehicles) (474-3179) 162 NE Beacon, Suite 127 **MON,TUE,THU,FRI 8AM-5PM/WED 10AM-5PM**
- GP – **HEAD START** (734-5150) ● **EARLY HEAD START** (244-2670) 1867 Williams Hwy. **M-THU 7AM-4PM& FRI 8AM-2PM**
- GP – **JCCC** (Josephine County Community Corrections) - (474-5165)
- GP - **Mid Rogue Foundation** - 583-0113 - <https://www.midroguelfoundation.net/> **MON-FRI 8:30AM-4:30PM**
- GP – **OLC** (Oregon Law Center) - (476-1058) 424 NW 6th St, Suite 102 **MON-WED,FRI 10AM-4PM, THU 1PM-4PM**
- GP – **RSVP** Retired Senior Volunteer (956-4472) 125 NE Manzanita Ave. **MON-FRI 9AM-12PM**
- GP – **SHIBA** (Senior Health Insurance Benefits Assistance) (800-722-4134)
- GP – **VA** Veterans Service Office 500 NW 6h Street , Dept. 15 (474-5454) **MON (Walk-in) 9AM-12PM, 1PM-4PM**
- Medford – **DOJ (Child Support Division)** - (776-6043) 310 E 6th St. **M-F 8AM-5PM**
- Medford – **Social Security Admin** - 3501 Excel Dr. Ste 101, Medford (800-772-1213) **MON-FRI 9AM-4PM**
- **Lifeline** -(800-848-4442) - **MON-FRI 9AM-4PM** ● **Access Wireless** (888-900-5899) - **M-S 10AM-10PM - SUN 10/** **MON-FRI 9AM-4PM**